



PROGRESS NOTES

April 18, 2014

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UPCOMING EVENTS *(See pages 10-11 for details on all events)*

LMGMA Conference | 4/23-25/2014 | Baton Rouge, La

Pediatric Jambalaya XI | 4/26/2014 | Lafayette, La

Tulane Saturday Pediatric Series | 6/7/2014 | New Orleans, La

2014 Red Stick Pediatric Potpourri | 8/22-24/2014 | Baton Rouge, La



2014 Legislative Session

The Chapter has created a webpage (www.laaap.org/2014session) with several quick links to assist in finding the information you are looking for. There you will find a link to find your legislators, committee rosters, and bill search tools. Weekly updates from the Session will be posted in the "Advocacy & Legislation" box on the homepage (www.laaap.org)

Throughout the session, the Louisiana Chapter will keep you abreast of what is happening with bills we will be watching. You may also receive requests to reach out to your legislator when a bill is of particular interest.

Week 6 Action Summary

To see a full list of actions taken on bills being tracked by the LA AAP, go to: <http://laaap.org/images/2014LegislativeSession/Week6Report.pdf>

During the Senate Health and Welfare committee meeting on Tuesday, Sen. Heitmeier again brought forth SB497 relative to balanced billing. The measure would prohibit physicians from balance billing a patient. There was again lengthy debate on the bill. Sen. Heitmeier voluntarily deferred the bill. Other actions of note in the Senate Health and Welfare Committee are below.

HB 736, James LA AAP asked the author to amend the bill to include both the New Orleans and Shreveport LSU Schools of Medicine instead of limited to just New Orleans. The author made the amendment in committee. LA AAP supported this bill and put a green card in during committee meeting

Provides relative to the Louisiana Commission on HIV, AIDS, and Hepatitis C

April 15, 2014 Senate Reported with amendments

April 16, 2014 Senate Referred to the Legislative Bureau

SCR 62, Mills LA AAP supported this bill and put a green card in during committee meeting

Requests the Department of Health and Hospitals to seek a Medicaid state plan amendment from the Centers for Medicare and Medicaid Services to include as a Medicaid service the Tdap vaccine to pregnant women and to provide a cost analysis to the legislature for providing this Medicaid service.

April 15, 2014 Senate Reported with amendments

April 16, 2014 Senate Finally passed by vote of 35 to 0

During the House Health and Welfare committee meeting on Wednesday, there was a lot of discussion around Rep. Johnson's HB1215. This aim of this bill is to limit the LSBME from promulgating rules/ statute revision around APRNs and collaborative practice agreements. The push from this bill is in reaction to the LSBME drafting proposed rules changes addressing physicians responsibilities and requirements when entering into a collaborative practice agreement with a Nurse Practitioner. Other actions of note in the House Health and Welfare Committee are below.

HB 746, Moreno LA AAP supported this bill and put a green card in during committee meeting

Prohibits the use of tanning equipment by a minor

April 15, 2014 Senate Reported favorably

April 16, 2014 Senate Referred to the Legislative Bureau

HB 1215, Johnson LA AAP opposed this bill and put a red card in during committee meeting.

Provides relative to collaborative practice agreements between advanced practice registered nurses and physicians

April 16, 2014 House Reported favorably

April 16, 2014 House Engrossed, passed to 3rd reading

[HCR 43](#), Carmody

Requests the State Board of Medical Examiners to study and make recommendations concerning authorization to perform certain surgical procedures

4/16/2014 House Reported with amendments

This was the first of several bills around the issue of optometrist expanding their practice to include surgical procedures. This bill authorizes and requests the La. State Board of Medical Examiners to study whether authorization to perform surgical procedures on the human eye could be extended to health professionals other than physicians in a manner that ensures an adequate level of patient safety, and to report findings and recommendations to the legislative committees on health and welfare on or before Nov. 1, 2014

Committee Agendas for Week 7 of the Legislative Session (4/21/2014 – 4/25/2014)

Due to the Easter holiday, many legislative session committee agendas are not available yet. We anticipate most agendas to be posted some time on Monday. As the agendas for committees of interest are posted, we will tweet a link to the agenda. You can follow the twitter feed at www.twitter.com/MyLaaap

We are entering into the second half of the legislative session. Each chamber will soon conclude hearing bills initially referred to them and begin hearing bills that have been referred after receiving passage on the opposite chamber side.

There are several legislative instruments that are of high importance to LA AAP and the medical community that have not been scheduled to be heard in their originating committees yet. We expect to see those scheduled in the next week or two. Among those are instruments related to Bayou Health Medicaid Program, scope of practice and assignment of benefits. We will be watching closely for these to be scheduled.

WATCH YOUR INBOX... you will likely be receiving Action Alerts/ Requests from the LA AAP soon.

The House Appropriations Committee plans to adopt amendments to HB 1 (the General Appropriations Bill) on Monday, April 28. Current plans call for the full House to debate HB 1 on May 8.

Take the Survey!

You should have received a request to complete a provider survey earlier this week. We hope you take the time to complete the survey. It seeks to get feedback from providers on practice demographics, practice management issues and clinical issues. Your specific responses will be kept confidential.

WHY NOW? There are two legislative instruments filed this session which would protect the enhanced primary care case management model within Bayou Health. Those will be likely be scheduled for committee in the next few weeks. Additionally, the Department of Health and Hospitals has stated its intention to put out a new Request for Proposals (RFP) for the program in the coming months.

Your responses will help the LA AAP develop in its comments and recommendations on the legislative instruments and the RFP language.. Please complete the survey ASAP. We ask that you complete the survey no later than **May 9**.

To take the survey: <https://www.surveymonkey.com/s/BHSatisfaction>

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HPV Vaccine Update

By: Joseph Bocchini, MD, FAAP

The LA Chapter of AAP has partnered with the American Academy of Pediatrics to provide a statewide program on the primary prevention of HPV related cancers through use of HPV vaccine. A series of regional CME meetings is being planned and will be presented during the next 6 months. More information about this project will be available soon.

As you know, adolescent immunization rates for HPV have lagged behind Tdap and meningococcal vaccines. Data from the annual National Immunization Survey-Teen in 2012 indicate that only 53.8% of females 13-17 years of age initiated the HPV immunization series and only 33.4% of girls had received all three doses. Louisiana was better than the national average, but still low, with 40.5% of 13-17 year old girls having completed the HPV vaccine series in 2012.

The AAP and the CDC have made improving the 11-12 year old HPV vaccination rate a high priority because of its ultimate impact on HPV-related cancers. The CDC has estimated that for each year the United States does not reach an 80% HPV vaccination rate, an additional 4,400 girls will develop cervical cancer. Louisiana has the 6th highest cervical cancer incidence and mortality rates in the US.

AAP and CDC have made a number of materials available for providers, parents and teens. Two you may find particularly useful are:

Talking with parents about HPV vaccine:

<http://www.cdc.gov/vaccines/who/teens/for-hcp-tipsheet-hpv.html>

Information for parents about HPV vaccine: Why vaccinate now?

<http://www.cdc.gov/vaccines/who/teens/for-parents.html>

Also, LINKS has recently been updated to include HPV vaccine in the vaccine forecast for girls and boys at 11 through 12 years of age.

Our project goal is to have the highest rate increase in the country in 2015!

Vaccines, Autism, and The Real Risks

Submitted by: Ruben Tapia, MPH, Director of LA Immunization Program

On March 29, the *New York Times* published an article by Sam Wang titled How to Think About the Risk of Autism. The piece is intended to help people separate the real risks for developing autism from false rumors (such as blaming vaccines). Healthcare providers might find this a useful resource when talking to vaccine-hesitant parents.

Related Links

IAC's [Vaccine Concerns: Autism](#) web section

Vaccine Education Center's [Vaccines and Autism: What you should know](#) (English)

Vaccine Education Center's [Vaccines and Autism: What you should know](#) (Spanish)

CDC's [Autism Spectrum Disorder \(ASD\)](#) web section

CDC's [Vaccine Safety: Concerns about Autism](#) web section

Catch Grant Awarded to S. Amanda Dumas, MD, MSc



S. Amanda Dumas, MD, MSc, was selected as one of five to receive a CATCH Planning Grant from among 36 applicants. Below you will find an abstract and the goals of her project.

AAP CATCH Grant Abstract: Growing Young Families Together

When children are born to adolescent parents, pediatricians have an opportunity to serve two generations of pediatric patients at the same time. The child and her adolescent parents are a vulnerable family with many unique challenges. It is well known that children born to adolescent mothers are more likely to be preterm and have low birth weight. Later in life, they are more likely to have academic difficulties, behavioral disorders, substance abuse, early sexual activity, and to become adolescent parents themselves. Adolescent mothers are at high risk of dropping out of school, having limited vocational opportunities, living in persistent poverty, separating from the child's father, and suffering from depression. In addition, one-third of parenting adolescents are themselves products of an adolescent pregnancy, and about 20% of adolescent pregnancies are repeat pregnancies. Given high risks to both the children's and parents' medical and psychosocial development, many efforts have focused on reducing adolescent pregnancies. Interventions directed at better access to birth control and condoms, for example, have successfully helped reduce adolescent pregnancy rates in the US. However, very little funding or research has been directed towards existing adolescent parents and their children. Although several programs have been attempted across the country to provide services to these unique families, their successes or failures are largely unreported, and best practices needed to promote the health and well-being of adolescent parents and their children are not understood. Families headed by adolescents can benefit from interventions aimed to: prevent second pregnancies, promote parenting skills in still-developing adolescent parents, facilitate continued education or vocational training, and provide links to community resources that meet the young families' economic and social needs. *Thus there is a need to structure the medical home to foster improved outcomes for both adolescent parents and their children.*

The long-term goal of this project is to improve the medical and social outcomes for adolescent parents and

their children. The overall objective is to examine the needs of adolescent parents and their children in New Orleans and create a medical home that addresses them. The rationale is that this medical home will allow development of pediatricians' role in promoting the healthy development of patients who are adolescent parents, and patients who are their children. We will pursue our objectives with these aims:

- **Determine the medical, social, and emotional needs specific to adolescent parents and their children as experienced by former and current adolescent parents in the community.**
Focus groups consisting of adolescent mothers, former adolescent mothers, and adolescent fathers will be conducted to ascertain the unique strengths, needs, and experiences of adolescent parents.
- **Create a referral system for use between a medical home and community partners to provide resources and services that address needs of adolescent parents and their children.**
We will work with community partners to explore existing services, as well as create new pathways to services, that may benefit adolescent parents and/or their children.
- **Develop a medical home prepared to serve the unique needs of adolescent parents and their children while also providing links to community partners.**
We will use information and planning from aims 1 and 2 to organize a medical home that provides well-child care, sick care, parenting and behavioral counselling, and social services to adolescent parents and their children.

We expect that this project will allow us to develop a medical home for adolescent patients and their children within an existing clinic space that already houses pediatric, adolescent, and obstetrics and gynecological services. This medical home is expected to have a positive impact on the health, behavioral, and social outcomes of adolescent parents and their children, and allow future research into successful approaches to the care of these unique young families.

Well-Ahead Louisiana

Governor Bobby Jindal and DHH Secretary Kathy Kliebert Announce "Well-Ahead Louisiana" Health Initiative

Statewide campaign aims to improve wellness through voluntary and organizational changes



Monday, April 14, 2014 | Contact: Kathleen Meyers, 225-342-8518

BATON ROUGE, LA - Today, Governor Bobby Jindal and the Louisiana Department of Health and Hospitals (DHH) Secretary Kathy Kliebert were joined by dozens of local supporting organizations to launch the Well-Ahead Louisiana initiative, which will designate healthy places around the state that voluntarily champion and embrace health and wellness. The program is a state-wide effort to partner with schools, businesses and other organizations in local communities to give Louisianians more control and ownership of their health.

Well-Ahead Louisiana, the first voluntary designation program of its kind in the state, encourages organizations and individuals to make small healthy lifestyle changes to the spaces where Louisiana residents spend most of their time. Well-Ahead establishes healthy living designation criteria for organizations to follow that will result in better health outcomes for Louisiana residents. Examples of healthy designation criteria include breastfeeding friendly policies, tobacco-free environments, employee wellness

and consistent healthy food offerings. These changes will make smart choices an easier part of living and working in Louisiana.

Governor Jindal said, "Today is a great day for Louisiana. Louisiana is a special place, one with incredible festivals, food and music. We love our way of life here, and I want each and every one of us to be able to live longer, healthier, happier lives so that we can cherish and celebrate our culture for years to come. To help do that, we've created the Well-Ahead Louisiana initiative. The largest component of this program is the recognition of businesses, schools and other organizations across our state that are making it easier for our people to make healthier choices. This program is a testament to the fact that we can be healthy without raising taxes or passing burdensome, complicated laws."

"DHH is very proud to announce our Well-Ahead Louisiana program," said DHH Secretary Kathy Kliebert. "Approximately 1.6 million or one in three Louisiana residents are obese. We must raise awareness on how Louisianians can improve their wellbeing. Together we can shape a future for our citizens where we are all able to live longer, better lives because we've made the choice to change."

In 2013, Louisiana spent an estimated \$28 billion on the treatment and economic costs of primary chronic diseases, like heart disease, obesity and diabetes. When Louisianians start making healthy decisions for themselves, future economic costs associated with chronic conditions could be reduced by \$17.3 billion, coupled with a decrease of 600,000 chronic disease cases. Further, smart and healthy living could add \$62 billion to the State's economic output by 2050.

Employers, schools, health care providers, universities, child care centers and restaurants can choose to seek designation as a Well-Ahead Louisiana location, called a WellSpot. The Well-Ahead designation includes three levels of WellSpots, Level One, Level Two and Level Three. Level One is the highest level and indicates that the highest number of Well-Ahead criteria have been met, followed by Level Two and Level Three. Criteria for each level can be viewed on the program's website at www.WellAheadLA.com.

Organizations making positive changes may voluntarily request a Well-Ahead team member to verify that it has completed wellness-based changes and may be designated WellSpots in Louisiana. DHH will recognize those WellSpots and the organization will be able to display signage and Well-Ahead campaign material to let Louisiana citizens know it considers wellness to be a priority.

"Louisiana has an incredible food culture, and all of us deserve to enjoy that culture for as long as possible instead of having our lives cut short by chronic disease," said Public Health Assistant Secretary J.T. Lane. "Environments play a large role in our daily choices. Through Well-Ahead, we can assist organizations, businesses, families and individuals in achieving and maintaining good health. I encourage everyone to familiarize themselves with the Well-Ahead criteria and see what changes they can make to positively impact their life."

"With the bounty of seafood, protein and produce we have here in our state, we encourage restaurants to take part in the Well-Ahead Louisiana campaign," said Stan Harris, President and CEO, Louisiana Restaurant Association. "Restaurants can choose to participate in this voluntary program by offering alternative preparation of menu items and providing this information to their service staff to share with their guests."

"What better time to begin a lifetime of wellness than from the very beginning. Woman's Hospital delivers more than 8,500 babies a year - thousands of opportunities for healthy beginnings. Our support for Well-Ahead Louisiana's mission extends from strong breastfeeding initiatives to walking trails and healthy menu options; we want to make healthy, active lifestyles a part of every family, including our own employees," said Teri Fontenot, Woman's Hospital President and CEO.

"At RoyOMartin we view employee wellness as a competitive advantage. We believe that a healthy employee is a more productive employee," said Ray Peters, Vice President of Human Resources and Marketing at RoyOMartin. "Furthermore, improved employee health helps ensure that employer-provided medical coverage can be managed more cost effectively. Seventy-three percent of our employees voluntarily participate in on-site wellness programming, and every day we see lives being positively impacted."

"The University of Louisiana System is happy to support the state's Well-Ahead initiative. Each of the nine universities in our system has health and wellness programming, and we look forward to partnering with the Department of Health and Hospitals to enhance those efforts on behalf of our 90,000 students," said UL System President Dr. Sandra Woodley.

"LSU is committed to improving the lives of all Louisianans. At Pennington Biomedical we are interfacing with the entire state through partnerships with the LSU AgCenter to tackle the obesity epidemic head on through our Childhood Obesity and Diabetes Research Program. Combined with awareness efforts like Well-Ahead, we will make an impact," said Dr. Peter Katzmarzyk, Associate Executive Director for Population and Public Health Sciences at Pennington Biomedical.

"We love our state and the vast food culture it offers. However, Louisiana has one of the highest chronic disease rates in the country. We must change our dialogue on health to focus on how we can proactively be well," said Louisiana Sen. David Heitmeier. "I believe Well-Ahead WellSpots will show Louisianians how we can make smart and healthy choices to enhance our wellbeing. Knowledge is key to ensuring Louisiana residents are happier and healthier to enjoy our unique lifestyle."

Organizations interested in becoming a WellSpot can visit www.WellAheadLA.com or call 1-844-LA-AHEAD for more information and to apply. Follow Well-Ahead on Facebook at <https://www.facebook.com/WellAheadLA> and Twitter @WellAheadLA

Bayou Health/ Medicaid

Informational Bulletins

All bulletins: <http://new.dhh.louisiana.gov/index.cfm/page/1198/n/311>

Know of something going on in your region you think others should know about?

Is there new research you want to share?

Are there things you think your colleagues need to know?



SUIDA Recipe– Baked Mozzarella Sticks

Hot mozzarella sticks, need I say more? They are a popular finger food with both kids and adults. Baking them with low fat cheese doesn't affect the taste at all. Part-skim mozzarella sticks coated with crispy seasoned breaded crumbs and baked until hot and golden. Makes for a great afternoon snack every kid will love.

Ease: Easy

Prep time: 20 minutes

Cook time: 5-6 minutes

Yield: 6 servings (2 pieces)

Ingredients:

1 (12-ounce) package reduced-fat Mozzarella string cheese

1 egg

1 teaspoon Italian seasoning

8 tablespoons panko (Japanese) bread crumbs

1/2 cup prepared marinara sauce, warmed (optional)



Directions:

Position rack in upper third of oven and preheat oven to 350 degrees Fahrenheit. Line a baking sheet with foil and spray lightly with cooking spray.

Remove cheese from packaging and set aside. In a small bowl, whisk egg until foamy. In small non-stick skillet, mix Italian seasoning with bread crumbs and place over medium heat. Cook and stir bread crumbs until lightly browned, about 5 minutes.

Dip one piece of string cheese in egg until coated and then into toasted bread crumbs, coating completely. Redip the string cheese in egg and again into the bread crumbs, if desired. Place on baking sheet. Repeat with remaining string cheese and place on baking sheet 1 1/2 inches apart. Spray string cheese lightly with cooking spray.

Bake 5-6 minutes or until heated through. (Cheese may melt slightly and loose shape. Simply press it back into place.)

Suggested serving: Pair with warmed marinara sauce for dipping.

Nutrition Information:

Calories: 180

Total Fat: 7 g

Saturated Fat: 4.3 g

Cholesterol: 50 mg

Sodium: 450 mg

Calcium: 30% Daily Value

Protein: 14 g

Carbohydrates: 7

For more information and recipes visit www.southeastdairy.org

Upcoming Events

LMGMA Conference | 4/23-25/14 | Baton Rouge, La

The LMGMA Conference is April 23-25 at the [Baton Rouge Hilton Capitol Center](#). Reserve your hotel room TODAY. Rooms are \$134 plus tax. Your conference code is LMG – To get this special rate you must reserve your room by Monday, March 24.

See more conference details at the LMGMA website <http://www.lmgma.org/annual-conference>

<http://www3.hilton.com/en/hotels/louisiana/hilton-baton-rouge-capitol-center-BTRCPHF/index.html>

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Pediatric Jambalaya XI | 4/26/14 | Lafayette, La

Saturday, April 26, 2014

Louisiana Immersive Technologies Enterprise (LITE)

537 Cajundome Boulevard

Lafayette, Louisiana

More details coming soon...

Tulane Saturday Pediatric Series | 6/7/14 | New Orleans, La

**Tulane Saturday Pediatric Series—Care of the Newborn
June 7, 2014**

Registration 9:00 am – 10:00 am

Conference 10:00 am - 1:30 pm

Presented by

**Tulane University School of Medicine Department of Pediatrics
and the Center for Continuing Education
Tulane University Health Sciences Center**

Location

**Ralph's on the Park
900 City Park Avenue
New Orleans, LA**

Topics will include:

Update on Infant Formula Choices

Screening for Critical Congenital Heart Disease in Newborns



This activity has been approved for *AMA PRA Category 1 Credit™*.

Registration Fee is \$35

Online registration is open at <http://tulane.edu/cce/>

2014 Red Stick Pediatric Potpourri | 8/22-24/14 | Baton Rouge, La

Date: August 22-24, 2014

Location: Embassy Suites (4914 Constitution Ave, Baton Rouge)

For all the details: www.laaap.org/2014potpourri



2014 Red Stick Pediatric Potpourri Is Gearing up!

The 2014 Red Stick Pediatric Potpourri has gone mobile using [Guidebook!](#)

We strongly encourage you to download our mobile guide to enhance your experience at 2014 Red Stick Pediatric Potpourri. You'll be able to plan your day with a personalized schedule and browse exhibitors, maps and general conference info.

The app is compatible with iPhones, iPads, iPod Touches and Android devices. Windows Phone 7 and Blackberry users can access the same information via our mobile site at m.guidebook.com.

To get the guide, choose one of the methods below:

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2014 Red Stick Pediatric Potpourri has gone mobile! Schedule, maps, twitter, alerts and more on your iPhone/Android, free!

<http://guidebook.com/g/2014pedspotpourri>

