

## **November 4, 2014 Progress Notes**

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## **American Academy Of Pediatrics - What's the Latest with the Flu**

*November 2014*

[Flu activity](#) remains low at this time in the United States, however, one pediatric death has already been reported. This first reported death serves as a reminder of how important these preparation strategies are. Vaccination remains the most important step in protecting against influenza.

Everyone needs an influenza vaccine each year. It takes about two weeks after vaccination to develop antibodies for protection against influenza. Anyone who plans to visit or travel during this holiday season should get vaccinated now. Some practices have reported delays in receiving shipment of vaccine. For more information, see the [AAP Influenza Vaccine Supply Update](#). Log-in required.

Of note, flu is more likely to cause severe illness in pregnant women than in women who are not pregnant. Studies show that a confident and routine recommendation to get vaccinated from a health care provider is influential. Pediatricians play a crucial role in promoting vaccination to help keep women and their newborns healthy. Influenza vaccination is recommended in any trimester for all women who are pregnant or who plan to become pregnant during the influenza season. See the Centers for Disease Control and Prevention (CDC) [Letter to Providers: Influenza Vaccination of Pregnant Women](#) for strategies to promote vaccination.

The United States is also currently experiencing a nationwide outbreak of enterovirus-D68 (EV-D68) associated with severe respiratory illness. For more information on EV-D68, see the [AAP enterovirus-D68 page](#).

Also, be sure to check out the new [2014-2015 AAP Online Flu Courses](#) “Influenza Office Testing and Vaccinating Egg-Allergic Children” and “Prevention and Control of Influenza: 2014-2015”. These courses deliver important information for clinicians to help keep children healthy this flu season. Each brings you up to date in less than an hour and qualifies for American Medical Association (AMA) Physician’s Recognition Award (PRA) Category 1 Credit(s)™.

For more detailed influenza information, see the [AAP Red Book Online Influenza Resource page](#) or the [CDC FluView](#). All What’s the Latest with the Flu messages will be [archived](#).

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## Community Access to Child Health (CATCH™)

### Call for Proposals-Submissions due January 30, 2015

The CATCH Program is seeking grant applications for innovative community-based projects to improve access to health services for children who are most likely to experience barriers. Eligible initiatives reach out to the community at large. Chapter officers are eligible to apply.

**Up to \$10,000** will be awarded to pediatricians and fellowship trainees and \$2,000 to pediatric residents to work collaboratively with local community partners to ensure that all children have access to medical homes or access to specific health services not otherwise available.

**Applications available November 3** for Planning Grants, Implementation Grants, and Resident Grants. Learn more at <http://www2.aap.org/catch/funding.htm>.

### Examples of Recent Topics

- Bullying Prevention
- Children of Incarcerated Parents Health
- Continuity of Care for Youth in the Juvenile Justice System
- Gun Violence
- Immunizations
- LGBTQ Youth
- Military Children’s Health
- Refugee/Immigrant Health
- Teenage Pregnancy & Parenting
- Youth in Group Homes Health

To see what others are doing with their CATCH grants, visit the Community Pediatrics grants database at <http://www2.aap.org/compeds/grantsdatabase>. You can search by several categories, including

health topic and AAP grant program.

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### **CMS NEWS: Transforming Clinical Practice Initiative**

The Centers for Medicare & Medicaid Services launched a new innovative model to support clinicians in achieving large-scale health care transformation. The Transforming Clinical Practice Initiative will provide up to \$840 million over the next four years to support 150,000 clinicians in sharing, adapting and further developing comprehensive quality improvement strategies, which are expected to lead to greater improvements in patient health and reduction in health care costs. The initiative aligns with the criteria for innovative models set forth in the Affordable Care Act:

- Promoting broad payment and practice reform in primary care and specialty care,
- Promoting care coordination between providers of services and suppliers,
- Establishing community-based health teams to support chronic care management, and
- Promoting improved quality and reduced cost by developing a collaborative of institutions that support practice transformation.

<http://innovation.cms.gov/initiatives/Transforming-Clinical-Practices/>

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### **AAP National Committees - 2015 Chairperson Appointments**

The AAP Board of Directors is soliciting nominations to fill six (6) Chairperson positions for AAP National Committee for terms beginning July 1, 2015:

- **Committee on Adolescence**
- **Committee on Genetics**
- **Committee on Hospital Care**
- **Committee on Pediatric Education**
- **Committee on Pediatric Workforce**
- **Committee on Substance Abuse**

Application materials (factsheet, biographical summary and nomination/self-nomination forms) for these positions are available on the AAP Member Center, in addition to statements of needs and requirements at: <http://www2.aap.org/moc/leader>.

Committee Chairpersons are appointed annually and may be re-appointed up to four years. Committee chairperson appointments are made on the basis of knowledge, expertise, and the documented needs of the committee. Within this context, Academy membership demographics such as professional activity, gender, ethnicity, and geographical distribution will be considered, as well as chapter activity.

The deadline for nominations for 2015 positions is **Friday November 21, 2014 (midnight CST)**. Nominees must submit a letter of nomination, a factsheet and a biographical summary to their Chapter President and the AAP Offices by **e-mail ([nominations@aap.org](mailto:nominations@aap.org))** or by fax 847/434-8000 (ATTN: 2015 AAP National Committee Chairperson Nominations). All nomination materials must be submitted by **November 21, 2014 (midnight, CST)**. The AAP Board of Directors will meet **January 27 – 31, 2015** to review nominations and make final appointments.

Thank you for your review and contribution to the nominations process of AAP National Committees for the 2015 term. Please email any questions to [nominations@aap.org](mailto:nominations@aap.org).

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## AAP National Committees - 2015 Member Appointments

The AAP Board of Directors is soliciting nominations to fill the following AAP National Committee member positions for terms beginning July 1, 2015:

- **Committee on Adolescence: 3 vacancies**
- **Committee on Bioethics: 1 vacancy**
- **Committee on Continuing Medical Education: 1 vacancy**
- **Committee on Development: 2 vacancies**
- **Committee on Drugs: 1 vacancy**
- **Committee on Federal Government Affairs: 1 vacancy**
- **Committee on Genetics: 2 vacancies**
- **Committee on Hospital Care: 2 vacancies**
- **Committee on Infectious Diseases: 3 vacancies**
- **Committee on Membership: 1 vacancy**
- **Committee on Native American Health: 2 vacancies**
- **Committee on Nutrition: 1 vacancy**
- **Committee on Pediatric Ambulatory Medicine: 3 vacancies**
- **Committee on Pediatric Emergency Medicine: 3 vacancies**
- **Committee on Substance Abuse: 2 vacancies**

Application materials (factsheet, biographical summary and nomination/self-nomination forms) for these positions are available on <http://www2.aap.org/moc/leader>, in addition to statements of needs and requirements.

Committee members are appointed for a two-year term and may be re-appointed up to six years. Committee member appointments are made on the basis of knowledge, expertise, and the documented needs of the committee. Within this context, Academy membership demographics such as professional activity, gender, ethnicity, and geographical distribution will be considered, as well as chapter activity.

The deadline for nominations for 2015 positions is **February 6, 2015 (midnight CST)**. Nominees must submit a letter of nomination, a fact sheet and a biographical summary to their Chapter President and the AAP Offices by **e-mail ([nominations@aap.org](mailto:nominations@aap.org))** or by fax 847/434-8000 (ATTN: 2015 AAP National Committee Member Nominations). All nomination materials must be submitted by **February 6, 2015 (midnight, CST)**.

The AAP Board of Directors will meet **May 15-16, 2015** to review nominations and make final appointments. Thank you for your review and contribution to the nominations process of AAP National Committees for the 2015 term. Please email any questions to [nominations@aap.org](mailto:nominations@aap.org).

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**Go Vote!!**

***Today is Election Day***



The AAP is helping to ensure you are equipped with the information you need for Election Day **Today Tuesday, Nov. 4**. Visit the [PAR Guide to the 2014 Constitutional Amendments](#) for an independent, nonpartisan review by the Public Affairs Research Council

Now is the time to speak up for children at the ballot box and **cast your vote in support of children's health.**

This year, the full House of Representatives and one-third of the Senate are up for re-election. In addition, candidate races for state governors, state representatives and local government officials are underway. Before the election on Nov. 4, find out who is running and make sure you are registered to vote in your state by visiting [Vote411.org](http://Vote411.org).

Your vote is necessary to ensure that children have a voice on Capitol Hill and in state legislatures across the country. Children do not have a vote, but you do!

**To cast your vote on Election Day:**

- Register to vote or check your registration status by visiting [Vote411.org](http://Vote411.org).
- If you are unable to vote in-person, request to vote by mail.
  - o **Medical students, residents and fellows:** If you are training in a state that differs from where you are registered to vote, request an absentee ballot to vote by mail in your home state.
    - Participate in the midterm election by visiting your local polling place on November 4.

In advance of the election, find out where your current members of Congress and candidates running for office stand on federal child health policy issues important to you.

**Learn more:**

- Visit [Vote411.org](http://Vote411.org) for a list of candidates who are running for office in your area.
- Go to [federaladvocacy.aap.org](http://federaladvocacy.aap.org) for more information on critical child health federal policy topics.
- Read the [2014 State Elections Guide for AAP Chapters](#) and download [related resources](#) like posters, stickers and poll time reminders.

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**Pediatric Subcommittee of Medicaid Quality Committee Seeking Participants**

The Bayou Health Quality Committee is becoming the Medicaid Quality Committee which will have a broader focus. As part of the Medicaid Quality Committee, there are subcommittees including a Pediatric Subcommittee. DHH and Dr. Rebekah Gee, Medicaid Medical Director, has reached out the LA AAP to request names of pediatricians to fill this committee. DHH is hoping to have 10-12 pediatricians on the subcommittee and be geographically representative. If you are interested/ willing to serve on this committee, please send your name, contact information and any special interest/ expertise you may have to [ashley.politz@laaap.org](mailto:ashley.politz@laaap.org) as soon as possible. DHH is requesting names be submitted by the end of next week.

Below is a communication sent by Dr. Gee that elaborates on the committee and subcommittees.

**Source: Dr. Rebekah Gee, Medicaid Medical Director**

Dear Louisiana Health Care Leaders,

Effective clinical leadership is critical to the success of any health care quality improvement effort. A commitment to quality requires sound decision making that places a high premium on clinical best practices as well as collection and review of data used to drive solutions.

Medicaid has recently re-organized the Bayou Health Quality Committee and created an over-arching Medicaid Quality Committee. The purpose of this new committee is to broaden the opportunity for those "in the trenches" to give clinical input to Medicaid. These teams will help guide decision-making and

inform policy makers of potential areas of focus for Medicaid reform in Louisiana. We are currently in the process of reaching out to providers across Louisiana who are interested in participating in Quality Committee and Subcommittee teams. This year, we have openings for the full Medicaid Quality Committee in the following areas which reflect new needed areas of expertise:

- a. Adult Long Term Care Provider
- b. Dentist
- c. Non-Physician Provider
- d. Obstetrician
- e. Neonatologist
- f. Pharmacist

In addition to the main committee, we are seeking individuals to participate on standing clinical sub-committees. These sub-committees will be "working" committees that roll up their sleeves to research specific policy issues, review data from the department and other sources, and develop recommended options and opportunities to improve the quality of care provided for the Medicaid population. The sub-committee will regularly report their findings and recommendations to the Medicaid Quality Committee. The sub-committees will be small enough to get the work done expeditiously, but inclusive of the needed expertise including a patient representative. Membership on the sub-committees can include, but is not limited to, members of the Quality Committee. The current clinical Sub-Committees include, but are not limited to, the following:

- a. Behavioral Health
- b. Emergency Medicine
- c. Long Term Supports and Services
- d. Obstetrics
- e. Pediatrics
- f. Neonatology

The work of these groups will be critically important to providing the clinical expertise and program input needed to drive quality improvement for our Medicaid system. We anticipate that both the Medicaid Quality Committee and the standing sub-committees will meet quarterly in person but more often by phone as needed. We would like to have new members onboard prior to our next meeting on 12/5/14. Please email me by November 1, the names of individuals with clinical expertise that you think would be interested in participating on either the overarching Quality Committee, a sub-committee, or both.

This is a very exciting time in healthcare and we hope that you, your organization or your members will be willing to join us to help improve the quality of care for the people we serve.

Warmly,

Dr. Gee

Rebekah Gee MD MPH MSHPR FACOG  
Medicaid Medical Director, Louisiana  
Assistant Professor, Louisiana State University Schools of Public Health and Medicine

Cell: (617) 504-2991  
Work: (504) 568-5724  
Fax: (504) 568-6051

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## **Court settlement reached in Medicaid case**

*The Advocate - Capitol News Bureau  
October 30, 2014*

The state health agency has entered into a settlement in a federal lawsuit over the inadequacy of notices denying Medicaid recipients access to services.

U.S. District Judge Jim Brady, of Baton Rouge, approved the settlement, in which the state agrees to do a better job of providing specific information about the reasons for the service denials. He will oversee state compliance for the next five years.

The settlement came in a class-action lawsuit, *Wells v. the Department of Health and Hospitals*. The lawsuit alleged that the notices were so lacking that an individual would not know on what basis to appeal the denial and what kind of information would be needed to reverse the decision.

Advocacy Center lawyers who filed the lawsuit claimed the situation led to an infringement on the Medicaid recipients guaranteed due process rights.

The settlement covers notices sent by DHH as well as those sent by any of its contractors, including its five "Bayou Health" insurance companies and Magellan, who coordinated behavioral health services.

The agreement applies to Medicaid-eligible people who are denied prior approval for services.

"We have a responsibility to taxpayers to ensure appropriate use of medical services, but we have an equally important duty to ensure that our recipients understand these decisions," state Medicaid Director Ruth Kennedy said in a news release. "We are grateful for the court's guidance on this issue and to the Advocacy Center for their assistance in improving how we communicate with Medicaid enrollees."

Advocacy Center lawyer Ellen Katz said the new notices promised by DHH will help Medicaid recipients better understand why DHH has denied services. "Recipients will know what information is needed to get prior approval for needed services at home, or other medical care and treatment," Katz said.

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### **NOTICE OF INTENT Department of Health and Hospitals Board of Medical Examiners**

Physician Practice; Unprofessional Conduct (LAC 46:XLV.7603) Notice is hereby given that in accordance with the Louisiana Administrative Procedure Act, R.S. 49:950 et seq., and pursuant to the authority vested in the Louisiana State Board of Medical Examiners (board) by the Louisiana Medical Practice Act, R.S. 37:1270, the board intends to amend its rules governing unprofessional conduct of physicians, LAC 46:XLV.7603. The proposed changes require that any physician holding herself or himself out as a specialist have completed accredited residency or fellowship training in the claimed area of specialization, and limit self-treatment and treatment of immediate family members with controlled substances to cases of an emergency.

#### **Title 46 PROFESSIONAL AND OCCUPATIONAL STANDARDS Part XLV. Medical Professions**

#### **Subpart 3. Practice Chapter 76. Definition of Enforcement Terms Subchapter B. Unprofessional Conduct**

#### **§7603. Unprofessional Conduct**

A. - A.8.b. ...

9. *Failing to Adhere to Accepted Practices; Misleading Practices*—a physician shall: a. practice within the scope of his or her education, training and experience; and

b. not hold himself or herself out as a specialist in an area of medical practice unless the physician has successfully completed a residency or fellowship training program, which is accredited by the American Council on Graduate Medical Education of the American Medical Association, the American Osteopathic Association, or the Royal College of Physicians and Surgeons of Canada.

10.a. - 10.f. ...

11. *Self-Treatment; Treatment of Immediate Family Members*—except in cases of emergency, physicians shall not prescribe controlled substances for themselves or their immediate family members. As respects a physician, *immediate family members* include the physician's spouse, children, parents, and siblings.

B. ...

Please respond to [ashley.politz@laaap.org](mailto:ashley.politz@laaap.org) with comments.

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### SUIDA Recipe: Beef Burrito

Whether you enjoy it for breakfast, lunch or dinner, a burrito recipe makes an easy meal. Get nine essential vitamins and minerals plus a spicy kick with shredded pepper jack cheese and muscle building protein from black beans. This healthy burrito recipe rolls your entire meal into one delicious, portable and easy-to-eat package.

Makes 6 Servings

Prep Time: 15 min

Cook Time: 9 min

#### Ingredients

- 1/2 pound ground beef sirloin
- 2 teaspoons minced garlic
- 1 cup chunky salsa, divided
- 2 cups cooked brown or white rice
- 6 (9-inch) whole-wheat flour tortillas
- 1 (15-ounce) can black beans, drained and rinsed
- 1 (11-ounce) can corn kernels, drained
- 2 cups shredded Pepper Jack cheese
- 1/3 cup sliced green onion, including green tops

In a medium non-stick skillet, brown ground beef and garlic over medium heat; (break beef mixture up into smaller chunks with a spoon). Drain fat and stir in 1/2 cup of the salsa; set aside.

Spread 1/3 cup of rice on center of a tortilla, leaving a 1/2-inch border. Scatter about 2 tablespoons of beans and 1 1/2 tablespoons of corn over rice. Spread 1/3 cup of the beef mixture



and 1/4 cup of the cheese over corn. Top with 2 teaspoons of the salsa and a few pieces of green onion. Fold in two opposite edges of tortilla one inch each and roll up. Place, seam side down, on microwave safe dish. Repeat with remaining tortillas.

Place burritos in a microwave oven and heat 1 minute or until heated through. Serve with remaining salsa.

Recipe created by 3-Every-Day™ of Dairy.

For more information and recipes visit [www.southeastdairy.org](http://www.southeastdairy.org)

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### Lead Testing Survey

The Office of Public Health's Louisiana Healthy Homes and Childhood Lead Poisoning Prevention Program (LHHCLPPP) is committed to reducing and eliminating hazards in the environment for all children and their families in the state of Louisiana.

LHHCLPPP has developed a pilot survey for pediatricians in Louisiana to assess lead testing practices in their offices. Presently our lead testing rate for children ages 6 months to 72 months in the state of Louisiana is 16.4%. Results from this survey will allow us to better gauge the current understanding and practices relating to lead poisoning testing among physicians, as well as assist us in planning for future educational efforts that are geared towards improving the existing lead testing rate. **Please complete the Physician Survey by Friday, November 7, 2014.**

This survey is electronic and can be completed online and sent back electronically. The survey will take about 5 minutes to complete and can be accessed by copying/following the link listed below.

<https://www.surveymonkey.com/s/leadsurvey2014>

If you have any questions, comments or suggestions, please contact the Louisiana Healthy Homes and Childhood Lead Prevention Program, Louisiana Office of Public Health, at 504-568-8254.

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### Upcoming Events

#### American Public Health Association's (APHA) 2014 Annual Meeting and Exposition

*Nov. 15-19, 2014, New Orleans.*

APHA's Annual Meeting & Exposition serves as the home for public health professionals to convene, learn, network and engage with peers. With the Annual Meeting, we strengthen the profession of public health, share the latest research and information, promote best practices and advocate for public health issues and policies grounded in research. Come experience APHA.



[Register Now](#)

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## Tulane Saturday Pediatric Series

*Hot Topics in Pediatric Pulmonary and Infectious Diseases*  
December 13, 2014

Registration 9:00 am – 10:00 am  
Conference 10:00 am - 1:30 pm



### Presented by

Tulane University School of Medicine Department of Pediatrics  
and the Center for Continuing Education  
Tulane University Health Sciences Center

### Location

Ralph's on the Park  
900 City Park Avenue  
New Orleans, LA

### Topics will include:

Update on Ebola and Influenza Viruses  
The New Synagis Guidelines  
Pneumonia Diagnosis and Treatment  
Effects of Tobacco Smoke and e-Cigarettes on Children

This activity has been approved for *AMA PRA Category 1 Credit™*.

Registration Fee is \$35  
Online registration is open at <http://tulane.edu/cce/>

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## LAPEN'S 8th Annual Summit for Parenting Educators -Adverse Childhood Experiences: Parenting Education is Key



Wednesday, January 21, 2015, West Baton Rouge Conference  
Center in Port Allen, LA

9:00am - 3:30pm

A full day of presentations, networking, exhibits, and more!

Register now! Early bird rates end 12/31/14

### Speakers:

***Dr. Robert Anda, co-Principal Investigator with the ACE Study***

Dr. Anda has conducted research in a variety of areas including disease surveillance, behavioral health, mental health and disease, cardiovascular disease, and childhood determinants of health. After spending 20 years as a research medical officer in the U.S. Public Health Service, he is now a Senior Scientific Consultant to the Centers for Disease Control and Prevention (CDC) in Atlanta. He played the principal

role in the design of the Adverse Childhood Experiences (ACE) Study and serves as its Co-Principal Investigator.

Findings from the ACE Study have been presented at Congressional Briefings and numerous conferences around the world. The ACE Study is being replicated in numerous countries by the World Health Organization (WHO) and is now being used to assess the childhood origins of health and social problems in more than 18 U.S. states.

***Dr. Stewart Gordon, Community Health Solutions Louisiana***

Dr. Stewart Gordon joined CHS-LA in January 2012 as Chief Medical Officer. Prior to joining CHS-LA, Dr. Gordon was a practicing pediatrician for eighteen years at Earl K. Long (EKL) Medical Center. His pediatric practice was largely focused on providing services to the Medicaid and uninsured population. He was involved in medical student and pediatric resident education throughout his tenure at EKL. Dr. Gordon's areas of interest include early brain development / early childhood, child advocacy / children's public policy, juvenile justice reform, prevention of child abuse and neglect and prevention and treatment of childhood obesity.

Register: <http://lapensummit2015.eventbrite.com>

Registration RATES:

\$40 through December 31, 2014

\$50 After January 1st, Registration Closes January 15th

Registration includes lunch!

Continuing education credit applications are in progress.

To view the flyer, [click here](#). Questions? Call Lenell Young 225-218-5657 or [lapen@selahec.org](mailto:lapen@selahec.org)

# From Hungry To Healthy

## The Importance of Increasing School Breakfast Participation



School breakfast plays a critical role in helping school children reach their full academic potential. This may be especially true for the 1 in 5<sup>1</sup> who live in a household faced with food insecurity.

To help our nation's children who need to move from hungry to healthy<sup>2</sup>, we are committed to increasing student participation in School Breakfast Programs.

Collectively we will work together to:

- **Increase** awareness of the critical impact School Breakfast Programs have on learning, nutrition security, diet quality and student health.
- **Provide** resources to empower schools to champion school breakfast.
- **Inspire** families and communities to embrace school breakfast.
- **Empower** children to take action to help increase access to breakfast in their schools.



<sup>1</sup>Food Insecurity in Households With Children: Prevalence, Severity, and Household Characteristics, 2010-11 by Alisha Coleman-Jensen, William McFall, and Mark Nord, Economic Information Bulletin No. (EIB-113) 59 pp, May 2013  
<sup>2</sup>Approximately 1% of households experience very low food security where children are hungry, skip a meal, or don't eat for a whole day because of economic challenges at some time during the year.