

December 23, 2014 Progress Notes

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**The Louisiana Chapter - American Academy of Pediatrics
wishes you and your family a wonderful holiday season.
As a reminder, the office will be closed
December 24 - January 1st.**

What's the Latest with the Flu?
Source: American Academy of Pediatrics
December 2014

[Flu activity](#) is increasing in the United States. Five pediatric deaths have been reported so far this season, with influenza A (H3N2) and influenza B viruses being identified most commonly in the United States. The CDC has reported that 52% of the influenza A (H3N2) viruses collected and analyzed in the United States from October 1 through November 22, 2014 were antigenically different (drifted) from the H3N2 virus strain in the vaccine. When predominant circulating influenza viruses drift, there is the potential for decreased vaccine effectiveness against that drifted strain. This finding highlights the importance of influenza antiviral treatment as a valuable second line of defense for children with influenza. For more information, see the [CDC HAN Health Alert Network](#) message and the [AAP Latest News article](#).

[National Influenza Vaccination Week](#) (NIVW) is taking place December 7-13, 2014. Vaccination remains the most important step in protecting against influenza. With flu activity increasing and family and friends gathering for the holidays, now is a great time to get your flu vaccine to protect yourself and your loved ones. As a reminder, it takes about two weeks after vaccination for the body to develop full protective immunity.

[New data](#) show that the live attenuated influenza vaccine (LAIV) was not effective against the influenza A H1N1 pandemic virus when compared with inactivated influenza vaccine (IIV) in children 2 through 8 years of age. This data is contrary to earlier studies suggesting that LAIV has superior efficacy in children ages 2 years through 8 years. This, however, does not change the AAP's recommendation that all children 6 months and older, who are eligible for influenza vaccination, should be immunized against influenza as soon as possible. Remember that 80% of all influenza illness generally occurs in January, February, and March each year.

Also, be sure to check out the new [2014-2015 AAP Online Flu Courses](#) "Influenza Office Testing and Vaccinating Egg-Allergic Children" and "Prevention and Control of Influenza: 2014-2015". These courses deliver valuable information for clinicians to help keep children healthy during this flu season. Each online course brings you up to date in less than an hour and qualifies for American Medical Association (AMA) Physician's Recognition Award (PRA) Category 1 Credit(s)™.

For more detailed influenza information, see the [AAP Red Book Online Influenza Resource page](#) or the [CDC FluView](#). All What's the Latest with the Flu messages will be [archived](#).

Influenza Vaccine LAIV (FluMist) Ordering
Source: Rubén A Tapia, MPH, Director, DHH OPH Immunization Program
December 19, 2014

As the 2014-2015 influenza season starts into its second half, please keep in mind that you may begin to see flu doses shipped from McKesson with shorter expiration dates, especially with the Live Attenuated Influenza Vaccine [LAIV] (FluMist). Therefore, you may want to make smaller and more frequent orders.

Much of the current FluMist inventory will expire in February and March; however there are some doses expiring at the end of January.

Inquiries may be directed to the Immunization Program at 504-838-5300. The Immunization Program appreciates your part in distributing, and making this memo available to your staff.

Thank you and Best Wishes for the Holiday Season and a Happy New Year!

ONC: Patients Want EHRs Despite Privacy Concerns
Source: Louisiana Health Care Quality Forum - December 2014

The Office of the National Coordinator for Health Information Technology (ONC) has released the initial findings of a study it conducted as a way to “monitor national perceptions regarding security and privacy” as more health care facilities adopt EHRs and health IT practices.

The study found that more patients favor the use of electronic health records, despite having concerns about the safety of their personal health information.

Of the more than 2,000 people surveyed, researchers found that nearly 70 percent of patients whose providers used EHRs were worried about privacy, compared to 75 percent whose providers used traditional paper records.

In terms of security, 74 percent expressed concern about their EHR, compared with 83 percent who had security concerns with their paper records.

However, ONC noted that the majority of those surveyed still preferred their providers use an EHR.

"In spite of the fact that a majority of Americans expressed concerns regarding the privacy and security of both their medical records and with sharing of their medical records, support for EHRs and electronic health information exchange remained consistently strong," said ONC Senior Adviser Vaishali Patel.

For more information about the survey, click [here](#).

CMS Forms New Data, Analytics Office
Source: Louisiana Health Care Quality Forum - December 2014

The Centers for Medicare & Medicaid Services (CMS) has created a new office to oversee improvements to health care data collection and dissemination.

The Office of Enterprise Data and Analytics (OEDA) will be headed by Niall Brennan, who currently serves as Acting Director of the Offices of Enterprise Management (OEM).

Officials say OEDA will help CMS “better harness its vast data resources to guide decision-making and develop frameworks promoting appropriate external access to and use of data to drive higher quality, patient-centered care at a lower cost.”

CMS hopes the creation of OEDA will lead to more data transparency within the agency. It recognizes the increasing amount of data it collects from an expanding list of federal health care programs as the driving force behind the office's creation.

"As we work to shift the focus from volume of services to better health outcomes for patients, coordinating care, and spending dollars more wisely, the need to analyze data across multiple programs and provide greater access to this data will only intensify," CMS says.

To learn more about OEDA, click [here](#).

Medicaid Check Write Schedule Jan. - June 2015

Click [here](#) for link to the Medicaid Check Write Schedule for January through June 2015

Community Access to Child Health (CATCH™) Grant Opportunity

Call for Proposals-Submissions due January 30, 2015

The CATCH Program is seeking grant applications for innovative community-based projects to improve access to health services for children who are most likely to experience barriers. Eligible initiatives reach out to the community at large. Chapter officers are eligible to apply.

Up to \$10,000 will be awarded to pediatricians and fellowship trainees and \$2,000 to pediatric residents to work collaboratively with local community partners to ensure that all children have access to medical homes or access to specific health services not otherwise available.

Applications available November 3 for Planning Grants, Implementation Grants, and Resident Grants. Learn more at <http://www2.aap.org/catch/funding.htm>.

Examples of Recent Topics

- Bullying Prevention
- Children of Incarcerated Parents Health
- Continuity of Care for Youth in the Juvenile Justice System
- Gun Violence
- Immunizations
- LGBTQ Youth
- Military Children's Health
- Refugee/Immigrant Health
- Teenage Pregnancy & Parenting
- Youth in Group Homes Health

To see what others are doing with their CATCH grants, visit the Community Pediatrics grants database at <http://www2.aap.org/commpeds/grantsdatabase>. You can search by several categories, including health topic and AAP grant program.

SUIDA Recipe: Southern Pimento Cheese

This classic cheese spread is a quintessential southern tradition, but you can give it a new twist by stirring in some tasty additions. One easy master recipe and three delicious variations are sure to please even the pimento cheese purist! For best results, use a good quality block cheese and freshly shred. Serve with your favorite crackers, spoon into celery sticks, or use as a sandwich spread.



Ease: Easy

Yield: 3.5 cups (serving size: 2 tablespoons)

Preparation time: 10 minutes

Passive: 60 minutes (chill before serving)

Ingredients

8 oz. block sharp Cheddar cheese shredded
8 oz. block white Cheddar cheese shredded
1 cup roasted red bell peppers finely chopped
1/2 cup mayonnaise
1 tsp. sea salt
1/2 tsp. dried celery flakes
1/4 tsp. ground pepper

Nutrition

Per Serving:
Calories 95
Fat 8.5g
Sat. Fat 4.2g
Protein 3.9g
Carbohydrate 0.7g

Directions

1. Shred both blocks of cheese and place in a medium mixing bowl.
2. Add diced red peppers, mayonnaise and spices. Gently mix all ingredients together.
3. Cover and chill for at least an hour before serving.

Note: You can use jarred roasted red peppers instead of roasting your own. Use peppers in brine only, not oil, and be sure to drain completely and remove as much moisture as possible.

Variations:

- Pimento Cheese with Bacon and Scallions: Combine 2 cups Southern Pimento Cheese with 3/4 cup chopped, cooked bacon and 1/4 cup chopped scallions. Yield: 2 cups (serving size: 2 tablespoons).

- Pimento Cheese with Horseradish and Pecans: Combine 2 cups Southern Pimento Cheese with 1/2 cup toasted pecans, coarsely chopped, 3 tablespoons grated horseradish, and 2 teaspoons granulated garlic. Yield: 2 1/2 cups (serving size: 2 tablespoons)
- Pimento Cheese with Sweet and Spicy Pickles: Combine 2 cups Southern Pimento Cheese and 3/4 cup finely chopped Wickles Pickles™. Yield: 2 1/2 cups (serving size: 2 tablespoons) *Wickles Pickles™ was used for recipe development; however any sweet and spicy pickles will also work well.

For more information and recipes visit www.southeastdairy.org

Upcoming Events

LAPEN'S 8th Annual Summit for Parenting Educators Adverse Childhood Experiences: Parenting Education is Key

Wednesday, January 21, 2015, West Baton Rouge Conference Center in Port Allen, LA

9:00am - 3:30pm

A full day of presentations, networking, exhibits, and more!

Register now! Early bird rates end 12/31/14

Speakers:

Dr. Robert Anda, co-Principal Investigator with the ACE Study

Dr. Anda has conducted research in a variety of areas including disease surveillance, behavioral health, mental health and disease, cardiovascular disease, and childhood determinants of health. After spending 20 years as a research medical officer in the U.S. Public Health Service, he is now a Senior Scientific Consultant to the Centers for Disease Control and Prevention (CDC) in Atlanta. He played the principal role in the design of the Adverse Childhood Experiences (ACE) Study and serves as its Co-Principal Investigator.

Findings from the ACE Study have been presented at Congressional Briefings and numerous conferences around the world. The ACE Study is being replicated in numerous countries by the World Health Organization (WHO) and is now being used to assess the childhood origins of health and social problems in more than 18 U.S. states.

Dr. Stewart Gordon, Community Health Solutions Louisiana

Dr. Stewart Gordon joined CHS-LA in January 2012 as Chief Medical Officer. Prior to joining CHS-LA, Dr. Gordon was a practicing pediatrician for eighteen years at Earl K. Long (EKL) Medical Center. His pediatric practice was largely focused on providing services to the Medicaid and uninsured population. He was involved in medical student and pediatric resident education throughout his tenure at EKL. Dr. Gordon's areas of interest include early brain development / early childhood, child advocacy / children's



public policy, juvenile justice reform, prevention of child abuse and neglect and prevention and treatment of childhood obesity.

Register: <http://lapensummit2015.eventbrite.com>

Registration RATES:

\$40 through December 31, 2014

\$50 After January 1st, Registration Closes January 15th

Registration includes lunch!

Continuing education credit applications are in progress.

To view the flyer, [click here](#)

Questions? Call Lenell Young 225-218-5657 or lapen@selahec.org

Job Announcement

Children's International Medical Group is seeking two pediatric hospitalist to be based in Covington and Slidell. Both positions offer a great lifestyle with one week on & one week off with no set shifts in the hospital. (on call as needed) If you would like to learn more about CIMG's hospitalist program, please send a CV to zach.allen@cimgpeds.com